

ABOUT US

Tom Wilson, MA, LCPC is an Idaho Licensed Clinical Professional Counselor. He developed "*Taming Anger and Aggression*," a popular Anger Management program which he has been accepted by the court and taught for over 20 years.

Ron McCoy has a Masters Degree in Counseling and has taught Anger Management classes for over 10 years at Tom Wilson Counseling Center. He has also been the facilitator for our Domestic Violence and Cognitive Self-Change Programs for the past several years.

BENEFITS OF ONLINE CLASSES

- Self-paced on YOUR schedule
- Access 24 hours / 7 days a week
- Telephone and email support
- Print your Certificate upon completion
- Three levels of online security

☎ **208-368-9909 or 1-877-368-9909**

Our friendly staff is available to assist clients with class information, registration, and scheduling appointments. We accept most major credit cards, personal checks, money orders and cash.



Tom Wilson Counseling Center

💻 WEBSITES:

tomwilsoncounseling.com
twccsolutions.com
onlineangerclasses.com

✉ E-MAIL:

twcc@tomwilsoncounseling.com



514 S. Orchard, Ste.101
Boise, ID 83705
Phone (208) 368-9909
Toll Free: 1-877-368-9909
Fax (208) 388-1687

COURT APPROVED Anger Management Classes



Making Changes ... for Good

Tom Wilson Counseling Center
www.tomwilsoncounseling.com

ANGER MANAGEMENT IN-PERSON / ONSITE CLASS

Enrollment in Anger Management Classes is open ended - which means that a person can enter the program at any time once registration is complete and initial payment has been made.

Class Structure: Although we do not specify the number of hours a person should complete, we expect that a minimum of eight hours be completed as a core program minimum requirement.

Schedule: Anger Management Classes are held on Thursday nights from 5:30pm to 7:00pm. Classes are subject to rescheduling during civic holidays.

Fees are \$10 per session, which are due prior to the start of each class. During registration it is requested that two weeks be paid in advance. Payments can be made at each session or in advance.

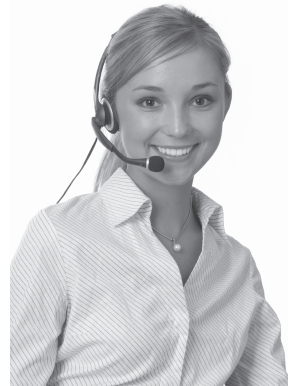
Unexcused Absences: We charge a \$25 fee for unexcused absences. It is recommended that you call prior to 5:00pm if you are unable to attend your class for whatever reason.

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ANGER MANAGEMENT CLASS CONTENT AND GOALS

"Taming Anger and Aggression" is a skill building program focused on improving impulse control and relationship skills.

These classes teach participants specific skills to control anger and resolve conflicts with others. Participants learn the consequences of anger and aggression and how to recognize "early warning" signs and reduce risks for aggressive behavior. It also includes guidelines for regaining self control, de-escalating anger, using effective responses to criticism, constructive communication, steps to resolving conflicts and negotiating differences with others.



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Online ANGER Classes 

Online Anger Management Classes can be taken by persons who are pre-approved by their court or probation department to complete their anger management requirements online. These classes are NOT VALID for domestic violence requirements.

4 Hour Online Anger Management Class: \$75.00
8 Hour Online Anger Management Class: \$150.00
12 Hour Online Anger Management Class: \$225.00
16 Hour Online Anger Management Class: \$300.00
32 Hour Online Anger Management Class: \$480.00

These classes consists of several lessons with several pages of material that is presented one page at a time. After the student reads a page or several pages, a review question or questions is presented to help the student recall the information. Each lesson is graded. After all lessons and review questions are completed with a score of 70% or higher, students can download a certificate of completion. Students are given several opportunities to improve their scores.

Register Online:
www.onlineangerclasses.com



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